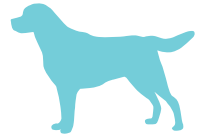


# Is It Osteoarthritis (OA)?



## Canine Orthopedic Exam Form

Dog's Name: \_\_\_\_\_ Breed: \_\_\_\_\_ Age: \_\_\_\_\_ M/F

OA Checklist Results: Y/N \_\_\_\_\_ Home Video: Y/N \_\_\_\_\_

Medical History: \_\_\_\_\_

General Observations: \_\_\_\_\_

### Gait, Movement, and Posture Evaluation

Activity	Observation—Circle all that apply	Comments
<b>Change in Gait</b> (walk, trot, movement in room)	Normal / Regularly irregular / Irregularly irregular / Lamé / Hesitation / Unwilling to perform task / Tail carriage / Head bob / Leg swings in or out / Other	
<b>Navigating Stairs</b>	Normal / Difficulty going up / Difficulty going down / Unwilling to go up / Unwilling to go down / Hesitation / Leads with 1 leg / Other	
<b>Standing Posture</b>	Normal / Shifts weight off 1 limb / Hunched back / Caudal pelvic tilt / Asymmetric position of paws and digits / Other	
<b>Sitting Posture</b>	Normal / Shifts weight off 1 limb / Asymmetric position of limb / Other	
<b>Transitions</b> (stand to down, down to stand, stand to sit, sit to stand)	Normal / Slow or hesitant to sit / Positive sit test / Slow, hesitant, or unable to rise from "down" unassisted / Asymmetrical use of limbs to stand / Other	

### Hands-On Exam

Perform With Standing Dog	Observation—Circle all that apply	Comments
<b>Palpate for Muscles/Tendon Asymmetry</b>	Normal / Asymmetric muscle mass / Pain / Thickening or swelling of tendons / Other	
<b>Palpate for Joint Asymmetry</b>	Normal / Warmth / Soft swelling / Firm swelling / Effusion / Other	
<b>Palpate for Soft-Tissue Asymmetry</b>	Normal / Mass / Pain / Swelling / Warmth / Other	
<b>Range of Motion</b> (standing or down)	Normal / Decrease or resistance / Pain / Instability of joint / Crepitus / Other	
<b>Brief Neurological Assessment</b>	Normal / Cranial nerve deficits / Pain on palpation of spine / CP deficits / Other	

#### Affected Joints

- Shoulder
- Elbow
- Hip
- Tarsus
- Stifle
- Carpus

#### Rule-Outs

- Orthopedic
- Neurologic
- Systemic
- Other

#### Diagnostics

- Radiographs
- Bloodwork, tick titers, T4, other
- Neurologic exam
- Behavioral assessment
- Advanced imaging



Scan the QR code for helpful tips about hands-on OA exams for dogs.

#### OA Management Treatment Plan

- Analgesics
- Exercise plan or rehab
- Dietary supplements
- Weight loss
- Environmental modification
- Other

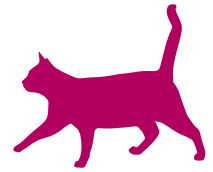


Scan the QR code to complete the Canine OA Checklist during your exam.

Additional Comments: \_\_\_\_\_

# Is It Osteoarthritis (OA)?

## Feline Orthopedic Exam Form



Cat's Name: \_\_\_\_\_ Breed: \_\_\_\_\_ Age: \_\_\_\_\_ M/F

OA Checklist Results: Y/N Home Video: Y/N

### Medical History:

### General Observations:

Hands-Off Exam	
<b>In-Clinic Exam</b>	<b>Observations</b>
Open carrier and allow patient to exit at its own pace. <b>Avoid forceful extraction, dumping, or scruffing</b>	
Encourage movement by providing various vertical levels and surfaces	
<b>Gait, Movement, and Posture Exam</b>	<b>Observations</b>
Analyze home video(s)	
Observe actions from OA Checklist (jumping up, jumping down, going up and down the stairs, playing, running)	

Hands-On Exam	
<b>Assessment</b>	<b>Observations</b>
<b>Sensitivity/hypersensitivity</b> <ul style="list-style-type: none"><li>Look for skin twitching and muscle fasciculations</li></ul>	
<b>Muscle mass</b> <ul style="list-style-type: none"><li>Forelimbs (upper to lower)</li><li>Hind limbs (upper to lower)</li><li>Switch hands gently back and forth between sides to look for asymmetry</li></ul>	
<b>Joint palpation</b> <ul style="list-style-type: none"><li>Prioritize areas of interest</li><li>Maximize patient comfort (exam in arms of owner, in carrier with top removed, or on soft, warm table pad)</li></ul>	
<b>Elbow</b> <ul style="list-style-type: none"><li>Antebrachium should touch the brachium in flexion</li></ul>	
<b>Shoulder and stifle</b> <ul style="list-style-type: none"><li>Avoid abnormal stretching of hamstrings yielding an adverse response</li></ul>	
<b>Hip</b> <ul style="list-style-type: none"><li>Slight abduction with extension will avoid dorsiflexion and lower spine stress</li></ul>	
<b>Lumbosacral (LS) space</b> <ul style="list-style-type: none"><li>Pelvis should be tilted underneath fingers to stress LS space. Pressing directly or too hard on LS space yields collapse, indicating a false adverse response</li></ul>	



Scan the QR code to complete the Cat OA Checklist during your exam.



Scan the QR code to watch helpful videos about feline joint assessments.

### Rule-Outs

- Orthopedic
- Neurologic
- Metabolic
- Other

### Diagnostics

- Radiographs (sedated)
- Blood pressure
- CBC, chem, UA, T4
- GI panel
- Neurologic exam
- Other

### OA Management Treatment Plan

- Analgesics
- Weight loss or maintenance
- Enrichment exercise
- Environmental modification
- Support joint health
- Other

### Additional Comments:

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