A Cat Owner's Guide:

# Senior Preventive Testing

## How Old is Your Cat in Human Years?

Cats age faster than people; one human year can be equivalent to multiple years of your cat's life. Use the chart below to find out approximately how old your cat is in human years and speak with your veterinarian about your cat's life stage recommendations.

Aging and undetected disease are why regular diagnostic testing may be recommended by your veterinarian.

Your Cat's Age	Equivalent Age in Human Years	Life Stage	
7-10 years	44-56	Mature	*
11-14 years	60-72	Senior	*
15-21+ years	76-100+	Geriatric	· <b>``</b>

## **Preventive Testing Recommendations\***

Use the age chart on the left with the table below to see what specific tests your veterinarian may recommend based on your cat's physical exam, life stage, and individual needs.

#### Chemistry Panel

Provides information on several organ systems, important proteins, and electrolytes.

#### Complete Blood Count (CBC)

Provides information on red and white cell counts to detect anemia, inflammation and platelets involved in blood clotting.

#### Urinalysis

Provides information on the urinary system and helps interpret the chemistry panel.

#### 🎽 🖌 Fecal

Screens for intestinal parasites.

#### **Retroviral Testing**

Screens for Feline Leukemia Virus (FeLV) and Feline Immunodeficiency

Virus (FIV) that can cause illness in infected cats. This test is lifestyle dependent in cats, across all life stages.

#### Thyroid Testing

Determines if the thyroid gland is functioning normally. Recommended for senior/geriatric cats.

#### **Blood Pressure**

Screens for hypertension or hypotension that can accompany certain diseases.

\*Recommended by The American Association of Feline Practitioners

# Why Wait Until Your Cat Is Showing Signs of Disease?

Cats hide signs of illness, making it important to perform regular diagnostic testing recommended by your veterinarian.

# As Cats Age, So Do Their Organs

Preventive testing, when combined with a physical exam and your own observations, is an easy, fast, affordable way to help ensure your cat is healthy on the inside.

# **Common Diseases in Senior and Geriatric Cats**

Many diseases can be treated and monitored with early diagnosis.

# Dental Heart Disease Disease Hyperthyroid Liver Disease Disease **Kidney** Disease Intestinal Disease Cancer

## How to Care for Cats as They Age

Older cats tend to be less playful and/or active; they may sleep more and experience weight changes. It may become difficult for them to reach their favorite places and perches. Certain diseases may change elimination habits and/or water consumption.

Try some of these simple practices to make your senior cat more comfortable at home:

- Provide a warm, cozy resting place for your cat that they can reach without jumping
- Make sure they have easy access to food and water at all times and try to monitor any changes in consumption
- Ensure their litter box has low sides to make entering and exiting easier

It's helpful to keep track of behavioral changes with a journal or checklist as part of your cat's medical history. If you notice anything unusual, bring your cat in for an evaluation as soon as possible.

# Ask Your Veterinarian About Diagnostic Testing for Your Cat

Your veterinarian will be able to detect issues earlier and treat them sooner with simple preventive diagnostic testing designed for your senior cat. Diagnostic testing is also used to establish a biometric baseline to closely monitor your cat's health.

This clinic uses Zoetis diagnostics to aid in the evaluation of your cat's health.

## **Schedule Wellness Visits**

Wellness visits with your veterinarian are the perfect time for you to ask medical questions, track behavioral and weight changes, and receive tips for at-home care.

Some topics that may be covered during your visit include:

- Behavior
- Oral healthParasite control
- EnvironmentElimination
- Vaccination
- Nutrition
- Diagnostic testing

SCHEDULE YOUR NEXT APPOINTMENT TODAY!

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