

# KEEP TRACK OF ALLERGIC ITCH

**Week 1:** Rate your dog's signs of itch every day and record it based on the rating system supplied.

**Weeks 2 to 8:** Rate your dog's signs of itch just once a week, on the same day each week. Put a "dot" in the appropriate column that best describes your dog's behaviors. When the dots are connected, you and your veterinarian will see the progress during treatment and how long the injection provided relief from your dog's skin allergies.



## Allergic Itch Tracker

		[dog's name]														
Extremely severe	100	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8	
Severe	80															
Moderate	60															
Mild	40															
Very mild	20															
Normal dog	0															

▲ ..... Week 1 .....  
 Injection administered

### Rate your dog's signs of itch

- 100** **Extremely severe**  
Dog is scratching, chewing, and licking almost continuously. It practically never stops, regardless of what else is happening. Quality of life is extremely compromised for both your dog and your family. Signs are affecting your dog's everyday routine, sleep, and mood.
- 80** **Severe**  
Prolonged episodes of scratching and/or other signs when your dog is awake. These signs occur at night and also when eating, playing, or exercising. The continual signs are causing your dog to lose sleep and are affecting his/her moods and activities.
- 60** **Moderate**  
Regular episodes of scratching while awake. Scratching and other signs may occur at night and wake your dog. But no scratching occurs when eating, playing, exercising, or being distracted.
- 40** **Mild**  
Occasional episodes of scratching and/or other signs. There may be occasional episodes of scratching at night. No scratching occurs while sleeping, eating, playing, exercising, or being distracted.
- 20** **Very mild**  
Scratching and/or other signs are a rare occurrence. Your dog is slightly itchier than before the condition began.
- 0** **Normal**  
Woo-hoo! Itch is not a problem.

### Quality of Life

#### How does itch affect your dog's quality of life?

Consider how everyday activities are impacted (e.g., sleep, mood, activity, playfulness, interactions with other pets/humans).

#### How does your dog's itch affect your quality of life?

Think about how your dog's itch impacts you and your family—the emotional, social, and financial burden of their skin allergies (e.g., waking up at night, not being able to attend events with your dog, the cost of ineffective treatments).

My dog's quality of life									
My quality of life									
	Before treatment	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8

Rating scale: **1** = poor quality of life; my dog is significantly affected by itch  
**10** = great quality of life; no impact from itch

### CYTOPOINT INDICATIONS

Cytopoint has been shown to be effective for the treatment of dogs against allergic dermatitis and atopic dermatitis.

Keep your dog comfortable month after month by getting appointment reminders via phone or email!  
[www.zoetispetcare.com/reminders](http://www.zoetispetcare.com/reminders)

