Itchy Dog Diagnostic Approach: What’s Causing the Itch?

STOP THE ITCH to Provide Relief

☐ Anti-Pruritic Therapy

Rule Out PARASITES (fleas, scabies, other)

☐ Flea comb, skin scrapes: ________________________________

☐ Flea Control Trial ________________________________

☐ Medical Progress Exam ________________________________

Treat SKIN INFECTION

BACTERIAL INFECTION

☐ Typical lesions _________ □ Skin Cytology _________ □ Skin culture__________

☐ Topical Therapy: Shampoo ____________________________ Frequency ____________

☐ Antibiotic Therapy ________________________________

YEAST DERMATITIS

☐ Skin Cytology ________________________________

☐ Topical Antifungal Therapy ________________________________

☐ Systemic Antifungal Therapy ________________________________

☐ Medical Progress Exam ________________________________

Conduct a DIETARY TRIAL (if food allergy is suspected)

☐ Diet Trial – 8 Weeks

  Diet ____________________________________________________________

  Treats ____________________________________________________________

  Refer to separate step by step food trial handout ____________________________

☐ Medical Progress Exam ________________________________

Confirm ATOPIC DERMATITIS

☐ Anti-Pruritic Anchor Treatment ________________________________

☐ Oral Ectoparasite Therapy (year-round) ________________________________

☐ Bathing/Topical Therapy ________________________________

☐ Diet ____________________________

Additional resources at www.ScienceOfStrongerBonds.com

Client:__________ Patient:__________ DVM:__________ Date:__________
How Itchy is Your Dog?

Our goal is to ensure that you and your dog get back to enjoying life as soon as possible, itch free.
Tracking the level of itch your dog is experiencing, at each step of our work-up to diagnose the underlying cause of his/her itch, is critically important. Your recording below will aid in providing appropriate relief throughout the process and in the event of long term management, help us achieve optimal comfort.

Please review the itch descriptions below:

How to rate your dog's itch

EXTREMELY SEVERE ITCHING 100
SEVERE ITCHING 80
MODERATE ITCHING 60
MILD ITCHING 40
VERY MILD ITCHING 20
NORMAL DOG 0

Itch Tracker

Place a dot in the appropriate column below, aligned with the description that best describes your dog’s itching, and bring this sheet to your pet’s next appointment.

EXTREMELY SEVERE ITCHING
SEVERE ITCHING
MODERATE ITCHING
MILD ITCHING
VERY MILD ITCHING
NORMAL DOG

We look forward to seeing you at your next appointment, or sooner if you are concerned.

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